

This is "WEEK #28 of the first 31 weeks" Emergency Prep List – Summer Foods, Drills & Canning

WEEK #27	WEEK #28	WEEK #29	WEEK #30	WEEK #31
↓	↓	↓	↓	↓
STEP #1>>> PURCHASE LIST FOR YOUR 3-MONTH FOOD STORAGE PROGRAM				
Crackers &/or chips 4 boxes/bags	Jello or pudding 2 boxes			
////////////////////////////////////				
STEP #2 >>>> Your EMERGENCY DRINKING WATER				
Maintain 14 gallons per person/ 2 week supply				
////////////////////////////////////				
STEP #3 > Your FINANCIAL RESERVE/EMERGENCY FUND				
\$2.00 +/- per person	\$2.00 +/- per person			
////////////////////////////////////				
STEP #4 >Your LONG TERM FOOD STORAGE PROGRAM (20-30 YR. Shelf Life, 12 month supply)				
n/a	n/a			
////////////////////////////////////				
>>>HOME STORAGE (1-month supply)				
.Sunscreen	Lotion			
////////////////////////////////////				
>>PREPAREDNESS GOALS				
Evacuation plan	Emergency drill			
////////////////////////////////////				
>>EQUIPMENT GOALS				
Camp stove and fuel	Small folding shovel			
////////////////////////////////////				
>>WEEKLY INVENTORY				
snacks	Beverages			

1. This list is for 1 adult. Choose things that you can afford to do or have time to do each week.
 2. Multiply amounts by the number of family members, and adjust for children, medical needs and allergies.
 3. Watch for sales and gather supplies and equipment a week at a time to gradually build up your supplies.
 4. Do step 4 after you complete Steps 1, 2 and 3.
 5. Choose what works best for your circumstances.
- Every step forward is a step forward.
YOU CAN DO IT

Adapted from the
LDSFamily.blogspot.com

